

# CONNECT & PREPARE



**Connect & Prepare** is about strengthening connections between neighbours and becoming better prepared and resilient together to different types of challenges, stresses and emergencies that may come our way either suddenly or gradually over time. The “pandemic-safe” spring 2021 program involves a series of four **online gatherings** of neighbours which include **short presentations, discussions and activities with expert guests** from Building Resilient Neighbourhoods and VictoriaReady.

## Workshop #1

May 12<sup>th</sup>

\*with multiple sites from across Victoria

- Facilitated discussion about how neighbour connections can support resilience and preparedness
- Short Presentation – types of emergencies, preparation and resilience
- Connect & Prepare activity – mapping assets and emergency scenarios
- Next steps, take-home resources and planning of Gathering #2

### Fun Work between Workshops #1 and #2

- Home Hazard Hunt
- Neighbour Outreach

## Workshop #2

May 26<sup>th</sup>

\*with multiple sites from across Victoria

- Share-back of learnings – mapping strengths, vulnerabilities, assets and needs
- Short Presentation – strategies for building short and long-term resilience
- Facilitated discussion – opportunities for action, connection and emergency preparedness
- Next steps, take-home resources and planning of Action Planning sessions

### Fun Work between Workshop #2 and Action Planning

- Street/Building Asset Mapping

## 2 Customized Action Planning Sessions

### TBD dates

- Booked between May and June on a date and time that works best for you
- Individual site workshops for facilitated action planning and project coaching
- Planning of shared emergency supply kit with \$500 from City of Victoria
- Development of Neighbour-to-Neighbour Emergency Plan
- Next steps, resources and supports available including grants for advancing social connections & preparedness

To successfully participate in this virtual Connect & Prepare program, you need a **minimum of 6 committed neighbours** for the full program. If you have over 15 neighbours willing to participate, we will create a customized schedule of individual workshops just for your group!

