

Simple Actions to get Connected & Prepared



Find a Buddy / Be a Buddy



- Reach out to one person to become buddies



- Daily task support - Reach out to neighbours with postcards to see if they need help with things like errands or shopping.



- Set up a formal buddy system



Get to know your neighbours



- Host a “party with a purpose”, potluck dinner, or neighbour gathering



- Host a coffee/tea hour in the lobby or common room and invite all your neighbours



- Share skills or hobbies (like cooking, knitting, painting or playing an instrument)



Set up a neighbour communication system



- Go door to door and introduce yourself to your neighbour



- Create a community bulletin board in your lobby



- Create a social media, email list or whatsapp group



Get prepared together



- Host a “party with a purpose” focused on emergency preparedness



- Contact your local emergency management department and set up an emergency preparedness workshop



- Organize and purchase shared emergency supplies



- Set up a “chill” room or area to gather in during heat events



- Participate in Connect & Prepare